



Protect Yourself Against Zika!

Hi **K-LINK** members, I believe most of you have heard about the Zika virus while some of you are still wondering what it is and whether you are at risk. Primarily, Zika virus is spread through the bites of the Aedes mosquito. Zika is one of the most serious emerging viruses in the world as its current outbreak is happening in many countries. Malaysia confirms its first Zika infection case after the Singapore outbreak. South East Asia countries are expected to be bracing more such cases since its vector; mosquito Aedes is particularly common in tropical zone. In addition to the mosquito bites, Zika can be transmitted through sexual contact, blood transfusion, and mother to child too.

Many people infected with Zika virus would not have symptoms or will only have mild symptoms. Its most common symptoms are similar to dengue such as fever, rashes, joint pain, muscle pain, headache, except the symptoms of red eyes. Symptoms can last for a few days to a week. It is particular risky to pregnant women as Zika infection during pregnancy can cause a fetal birth defect. Other health effects of Zika and its complications are still being investigated.

At the moment, there is no specific medicine or vaccine for Zika virus. Hence, the best way to prevent Zika is to avoid mosquito bites by wearing long sleeved shirt and long pants, using mosquito repellent, while protect yourself by boosting your immune system.

To boost your immune system against Zika virus, you may consider taking the supplements below:



RIDDANCE

(KKLIU 0355/2015)

Riddance is formulated from natural herbs and it is a detoxification product. It cleanses and detoxifies our entire body. Riddance plays the role of a filter to the body and also cleanses toxins.



PROPOLIS PLATINUM

(KKLIU 0355/2015)

Propolis Platinum is made of plant compounds that have high quality antioxidant properties and possess rich bioflavonoid content. Bioflavonoid stimulates white blood cells that help to improve the body's immune system.



K-SIBERIAN CHAGA

Chaga is a fungus that grows on birch trees in Siberia. Among all varieties of mushrooms, Siberian Chaga is believed to be one of the best as it contains richer antioxidants.



K-LINGZHI GOLD

(KKLIU 0355/2015)

K-Lingzhi Gold helps to enhance your immune system and acts as an antioxidant. The Lingzhi are grown in a Green House Hygienic Environment which is chemical free.

Last reminder for all, Zika virus must be prevented since there is no vaccine and treatment. Make sure to take proper precautions when being exposed to risky situation and keep yourself safe by boosting your immune system with our health supplements.



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